

Gold for calisthenic juniors

FLOREAT-based Imperial Calisthenic College junior competitors won gold at the State Championships last weekend.

The group of sub-juniors and juniors, 10 of whom are from the western suburbs, have been preparing for the championships since winning five individual firsts at the recent Calisthenic Association of WA 2012 Betty Fitzpatrick Competition.

Coach Andrea Phillips (29) started calisthenics more than 20 years ago and now competes as a senior for the Riverton Calisthenics Club.

Phillips, who coached the 17-and-under WA team to first at the National Championships in Darwin in July, said she started coaching 12 years ago and had led youngsters at Imperial since it opened in 2008.

"I love performing and that's what the girls like too," she said.

Julie Sladden (12) was part of the WA junior team that finished



Jacqui Lightfoot, Olivia Bramley, Chelsea Forrest, Emily Bramley and Julia Sladden show off their good form.

Picture: Marcus Whisson

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second in Darwin and competed at the State Championships.

She said she swapped from ballet because she enjoyed performing different routines.

Emily Bramley (9) started calis-

thenics four years ago and had enjoyed making friends since then.

The Shenton Park youngster competed at the State Championships last year.

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